

WCRC New Year's Challenge
January 4 - March 8

Individual - \$20

Name: _____

Phone #: _____

Make sure you weigh in on the same scale weeks 2-7.

Weeks 1 & 8 will be on the IN-BODY. There is a scale available at the Rec.

DATE	WEIGHT	LBS LOST	%
1/11/21			
1/18/21			
1/25/21			
2/1/21			
2/8/21			
2/15/21			
2/22/21			
3/2/20			
3/8/21			

Results based on % of weight lost. ONE Winner each (Men's, Women's) get 2 x entry fee back.

Participants will need to report each person's weight every Monday by texting or calling Nikki @ 785-672-5054.